EUROPEAN WALTZ

MUSIC RHYTHM: Waltz 3/4

TEMPO: 45 three-beat measures per minute; 135 beats per minute

ISU MUSIC

INTRODUCTION: 24 beats, 10.7 seconds

PATTERN-TIMING: 1 = :24; 2 = :48; 3 = 1:12; 4 = 1:36

DURATION: Test 2 = :48

Competition 2 = :48Adult Competition 2 = :48

SKATER'S

CHOICE TIMING: See Skater's Choice Pattern Dance Timing Chart on usfigureskating.org under the "Technical Info" link

PATTERN: Optional (ISU: Set)

See rule 8226 (C) for pattern instructions for ice surface lengths less than 197 feet

See rule 8226 (D) for optional test pattern start on the short axis

TEST: Pre-silver

The basic steps of the European Waltz are a cross roll three-turn, a backward outside edge and a forward outside edge for the man, while the lady skates a backward outside edge, a three-turn and another backward outside edge. Semicircular lobes of these three steps are skated along the sides of the ice surface, the first lobe starting toward the midline; the second toward the side/long barrier. Care must be taken to ensure that these lobes are full semi-circles so that each starts directly toward or away from the midline.

These lobes are connected across the ends of the pattern by larger lobes that consist of a series of three-turns and back outside edges. A normal end lobe sequence contains four three-turns for each partner, but on a wide ice surface more are permissible. (For the international judging system the sections of the dance will remain the same, regardless of the number of three-turns skated on the end pattern). This is the only pattern option permitted.

The man's three-turn at the beginning of each lobe must be skated as a cross roll. The lady's back outside edge, however, is started as an open stroke. All threes are turned on the count of three. These types of turns are known as "European Waltz-type three-turns." All edges are three beats in length.

The dance is skated in closed hold throughout, and the partners must remain close together. The rotation of the partners should be around the same axis, continuous and reverse its direction at the start of each new lobe. For example, in lobes aiming toward the side barrier of the ice surface, the couple rotates to the left; in lobes aiming toward the midline, the couple rotates to the right. All rotations must be well controlled, which is best accomplished with the free foot kept close to the skating foot. On all three-turns, checking is necessary to prevent over-rotation.

Erect posture, consistently powerful stroking, even free leg extension and a regular rising and falling knee action give this dance its waltz flavor.

INVENTOR: Unknown

FIRST PERFORMANCE: Before 1900, but the date and location are unknown

EUROPEAN WALTZ — STEP CHART

Hold	Step	Man's Step	Number of beats of			Lady's Step
	No.		music			
Closed	1	CR-RFO3	2+1		3	LBO
	2	LBO	3		2+1	RFO3
	3	RFO		3		LBO
	4	CR-LFO3	2+1		3	RBO
	5	RBO	3		2+1	LFO3
	6	LFO		3		RBO
	7	CR-RFO3	2+1		3	LBO
	8	LBO	3		2+1	RFO3
	9	RFO		3		LBO
	10	CR-LFO3	2+1		3	RBO
	11	RBO	3		2+1	LFO3
	12	LFO3	2+1		3	RBO
	13	RBO	3		2+1	LFO3
	14	LFO3	2+1		3	RBO
	15	RBO	3		2+1	LFO3
	16	LFO3	2+1		3	RBO
	17	RBO	3		2+1	LFO3
	18	LFO		3		RBO

EUROPEAN WALTZ — OPTIONAL PATTERN DANCE

